

Bleeding

- This should be minimal by the time you leave the surgery.
- Blood stained saliva is to be expected for 24-48 hours after the operation.
- Do not rinse the mouth for the first day. This may disturb the blood clot and cause bleeding.
- If persistent bleeding occurs, roll up a piece of damp gauze and place it over the wound and apply pressure for 15-20 minutes.

Avoid smoking

The local action of nicotine in the mouth has been shown to have a detrimental effect on healing after surgery and greatly increases the likelihood of wound infection developing. Try to avoid smoking for as long as possible after surgery.

Antibiotics

If you have been prescribed antibiotics, you should take these as prescribed and complete the course.

- Do not drink alcohol if you are taking a course of Metronidazole.
- All antibiotics have the potential to reduce effectiveness of the oral contraceptive pill. If this is relevant, you should use additional methods of contraception until the course is complete.

Keep your mouth as clean as possible by gentle tooth brushing as usual.

Stitches

Sometimes stitches are needed and they are usually dissolvable. These should dissolve and drop out after a period of 5-10 days.

If you have any concerns or require further advice after treatment then please call the practice on 01403 783688.